

Little Learners Nursery

Week 1: 02.09, 23.09, 14.10, 04.11, 25.11 & 16.12	Monday	Tuesday	Wednesday	Thursday	Friday
<i>Lunch Option 1</i> (includes meat or fish except Monday)	Creamy Macaroni Cheese with Cherry Tomato Topping served with sweetcorn & crusty garlic bread Gluten, Wheat, Milk, Tomato	Twice Cooked Gammon served with roast potatoes, sliced carrots & gravy	Traditional Beef Bolognese with spaghetti served with green beans & crusty garlic bread Gluten, Wheat, Tomato	Aromatic Chicken Coconut Curry with Carrots & Lentils served with rice & broccoli Milk, Tomato	Breaded Pollock Fish Fingers served with mashed potato & garden peas Gluten, Wheat, Fish, Milk
<i>Lunch Option 2</i> (vegetarian)	Jacket Potato with Baked Beans & Cheese Milk	Cauliflower Hash Cake served with Roast Potatoes, sliced carrots & Gravy	Vegetarian Soya Bolognese with spaghetti served with green beans & crusty garlic bread Gluten, Wheat, Soya, Tomato	Aromatic Chickpea Coconut Curry with Carrots & Lentils served with rice & broccoli Milk, Tomato	Breaded Vegetable Fingers served with mashed Potato & garden peas Gluten, Wheat, Milk
<i>Dessert</i>	Watermelon Slices	Banana Yoghurt & blueberries Soya, Milk	Galia Melon Wedge	Fresh Fruit	Apple Dough Balls Gluten, Wheat, Eggs, Milk
<i>Tea</i>	Pitta Bread with a choice of fillings and served with Salad	Sandwiches with a choice of fillings and served with Salad	Tortilla Wrap with a choice of fillings and served with Salad	Bread Roll with a choice of fillings and served with Salad	Bagel with a choice of fillings Served with Salad
<i>Dessert</i>	Yoghurt or Fresh Fruit	Fresh Fruit	Yoghurt or Fresh Fruit	Yoghurt or Fresh Fruit	Fresh Fruit
<i>AM Snacks</i>	Fresh Fruit or Salad Sticks	Fresh Fruit or Salad Sticks	Fresh Fruit or Salad Sticks	Fresh Fruit or Salad Sticks	Fresh Fruit or Salad Sticks
<i>PM Snacks</i>					

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Week 2: 09.09, 30.09, 21.10, 11.11, 02.12, 23.12	Monday	Tuesday	Wednesday	Thursday	Friday
<i>Lunch Option 1</i> (includes meat or fish)	Thai Style Quorn Noodles with Red Peppers served with sweetcorn Gluten, Wheat, Eggs, Soya, Sesame seeds, Sulphur dioxide	Butter Chicken & Sweet Potato Curry served with rice & broccoli Milk, Tomato	Roast Chicken Breast served with roast potatoes, savoy cabbage with peas & gravy	Braised Beef with carrots & swede in gravy served with mashed potato & garden peas Milk	Fish Mornay served with crushed new potatoes & green beans Milk
<i>Lunch Option 2</i> (vegetarian)	Jacket Potato with Ratatouille & Cheddar Cheese served with sweetcorn Milk, Tomato	Butter Cauliflower & Sweet Potato Curry served with rice & broccoli Milk, Tomato	Roast Quorn Fillet served with roast potatoes, savoy cabbage with peas & gravy Gluten Wheat	Braised sweet potato with carrots & swede in gravy served with mashed potato & garden peas Milk, Tomato	Vegetable Mornay served with crushed new potatoes & green beans Milk, Tomato
<i>Dessert</i>	Flapjack Gluten, Oats, Milk, 'may contain nuts'	Pineapple Sticks	Vanilla Yoghurt & Oaty Biscuit Gluten, Oats, Soya, Milk	Watermelon Slice	Fresh Fruit Salad
<i>Tea</i>	Bread Roll with a choice of fillings and served with Salad	Pitta Bread with a choice of fillings and served with Salad	Bagel With a choice of fillings Served with Salad	Tortilla Wrap with a choice of fillings and served with Salad	Sandwiches with a choice of fillings and served with Salad
<i>Dessert</i>	Yoghurt or Fresh Fruit	Yoghurt or Fresh Fruit	Fresh Fruit	Yoghurt or Fresh Fruit	Yoghurt or Fresh Fruit
<i>AM Snacks</i>	Fresh Fruit or Salad Sticks	Fresh Fruit or Salad Sticks	Fresh Fruit or Salad Sticks	Fresh Fruit or Salad Sticks	Fresh Fruit or Salad Sticks
<i>PM Snacks</i>					

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Week 3: 16.09, 07.10, 28.10, 18.11, 09.12	Monday	Tuesday	Wednesday	Thursday	Friday
<i>Lunch Option 1</i> (includes meat or fish)	Creamy Butternut Squash, Carrot & Chickpea Curry served with rice & broccoli Milk, Mustard, Tomato	Butcher's Pork Sausage Slice served with mashed potato & baked beans Gluten, Wheat, Milk, Tomato	Mexican Beef & Bean Chilli served with couscous & sweetcorn Gluten, Wheat, Tomato	Roast Turkey Crown served with roast potatoes, sliced carrots & gravy Tomato	Breaded Pollock Fillet served with rosemary potato wedges & garden peas Gluten, Wheat, Fish
<i>Lunch Option 2</i> (vegetarian)	Tuscan Vegetable Casserole served with rice & broccoli Milk, Tomato	Garden Vegetable Sausage served with mashed potato & baked beans Gluten, Wheat, Tomato	Mexican Butternut Squash & Bean Chilli served with couscous & sweetcorn Gluten, Wheat, Tomato	Sweet Potato Falafels served with roast potatoes, sliced carrots & gravy Tomato	Breaded Vegetable Cake served with rosemary potato wedges & garden peas Gluten, Wheat
<i>Dessert</i>	Cheddar cheese & cream crackers Gluten, Wheat, Milk	Fresh fruit salad	Galia Melon Wedge	Coconut Yoghurt & Mango Soya, Milk	Pineapple Sticks
<i>Tea</i>	Bagel With a choice of fillings Served with Salad	Bread Roll with a choice of fillings and served with Salad	Pitta Bread with a choice of fillings and served with Salad	Sandwiches with a choice of fillings and served with Salad	Tortilla Wrap with a choice of fillings and served with Salad
<i>Dessert</i>	Yoghurt or Fresh Fruit	Fresh Fruit	Fresh Fruit	Yoghurt or Fresh Fruit	Yoghurt
AM Snacks	Fresh Fruit or Salad Sticks	Fresh Fruit or Salad Sticks	Fresh Fruit or Salad Sticks	Fresh Fruit or Salad Sticks	Fresh Fruit or Salad Sticks
PM Snacks					